# PREVENTING CHRONIC DISEASE

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# **Manuscript Requirements**

- Send manuscript in Microsoft Word as an e-mail attachment or on a disk.
- Use 12 pt. Times Roman font.
- Double-space every page: title page, abstract, text, references, tables, and figure legends.
- Indent first word of each paragraph; leave no extra lines between paragraphs.
- Put only one space after punctuation marks, including periods.
- Use left justification.
- Number each page in sequence.
- Figure legends are at the end of the manuscript file, after tables.
- Use italics (rather than underline) for scientific names.
- Figures are in separate electronic files.
- For manuscripts requiring sections, begin each section on a new page, and submit them in the following order:
  - o Title Page
  - o <u>Key Words</u>
  - o Abstract
  - o Text
  - o Acknowledgments
  - o References
  - o Tables
  - o Figure legends
  - Appendices
  - o Figures

#### Title Page

- Include full name, graduate degree(s), and affiliated institution of each author. Provide name of institution where work was done, if different from author's present institution.
- Identify clearly the corresponding author and his or her address, telephone number, fax number, and e-mail address.
- Give separate word counts for the abstract and the full text.

#### **Key Words**

Give up to 10 key words; use terms listed in the <u>Medical Subject Headings from Index</u> Medicus.





#### Abstract

- Number of words allowed depends on the type of article. See <u>Types of Articles</u>.
- For reports on original research, use structured format with the following headings: Introduction, Methods, Results, and Conclusion. Consult <u>Types of Articles</u> for information on requirements for other types of articles.
- Do not cite references in the abstract.
- Do not use acronyms, abbreviations, or initialisms.

#### **Text**

- See Types of Articles for exact specifications.
- For Original Research Reports, use the following subheadings in the body of the text: Introduction, Methods, Results, and Discussion.

#### Acknowledgments

This section identifies sources of financial support for the work being published. If there are no such acknowledgements, we will assume that you received no such support. In addition, this section lists donors of equipment or supplies, technical assistance and other important specific contributions from individuals who do not qualify for authorship. It also includes any statements disclaiming endorsement or approval of any views or products mentioned in the paper. The AMA style guide describes contributions commonly recognized in Acknowledgments. Individuals identified in Acknowledgments must provide written consent to be acknowledged; corresponding authors are responsible for obtaining these permissions.

#### References

- Follow <u>Uniform Requirements for Manuscripts Submitted to Biomedical Journals</u>, published by the International Committee of Medical Journal Editors (also known as the Vancouver Group).
- Number references, using parentheses in the order they appear in the text, figures, or tables.
- Consult <u>List of Journals Indexed in Index Medicus</u> for accepted journal abbreviations; if a journal is not listed, spell out the journal title in full.
- List the first six authors followed by "et al."
- Cite personal communications, articles submitted for publication, and any other unpublished material in the text within parentheses. Do not include in references. Give the names of those who provided the unpublished data, their institution, and the date of the communication. Specify whether the communication was written or oral.
- Do not use endnotes for references.



#### **Tables**

- Create tables with Microsoft Word's table tool.
- Do not use columns and tabs to create tables; tables formatted in this way will be returned to the author for proper formatting.
- Number tables in the order they are cited in the text.
- Because tables should be clearly understood without reference to the text, titles and legends should include details of place of study, dates of study, and study population (if applicable), as well as definitions of all abbreviations and symbols.

### **Figure Legends**

- Send figure legends at the end of the text, after tables. Double space, number, and title the legend.
- Use Arial font for lettering.
- Symbols, letters, and numbers should be clear and large enough to remain legible when reduced.
- Because figures should be clearly understood without reference to the text, titles and legends should include details of place of study, dates of study, and study population (if applicable), as well as definitions of all abbreviations and symbols.

### **Appendices**

Appendices contain supplementary information to aid readers in their understanding of the articles. We encourage authors to relegate highly technical material to appendices.

#### Figures

- Number figures in order they are cited in text.
- Color as well as black and white images are accepted.
- Send graphics in native, high-resolution (200 dpi minimum) .TIF (Tagged Image File), EPS (Encapsulated Postscript) or JPEG format.
- Send graphics in a separate electronic file from text file.
- Convert Macintosh files into PC format.
- Place figure key within the figure.
- Use Arial font for figure lettering.

